FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C	. 20549
-----------------	---------

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Seip David Eric						2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]								(Chec	ck all appli Directo	or		10% O	wner	
(Last) 5 WEST	,	rst) ORPORATE CE	(Middle) NTER			3. Date of Earliest Transaction (Month/Day/Year) 02/15/2023							X	below)		tle Other (s below) a Ops and CSCO		·		
(Street) WESTCHESTER IL 60154 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	S. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - No	n-Deriv	ative	e Se	curitie	s Ac	quired	, Dis	sposed o	of, or Be	nefic	ially	Owned	k				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						Execution Date,			3. Transaction Disposed Of (Code (Instr. 5)					and Securiti Benefic Owned		s ally following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	unt (A) or (D)		9	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 02/15/2						2023		A		1,794 ⁽¹⁾ A \$		\$98	3.69	9 14,902.4093(2)			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercis Expiration Date (Month/Day/Yea		е	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		E	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	is Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amou or Numb of Share	er						
Employee Stock Options (Right to Buy)	\$98.69	02/15/2023			A		7,614		(3)		02/15/2033	Common Stock	7,61	4	\$98.69	7,614		D		

Explanation of Responses:

- 1. These are restricted stock units ("RSU's") issued under the Ingredion Incorporated Stock Incentive Plan. The RSU's may be settled only in shares of common stock (one share per RSU) and will vest on February 15, 2026. In the event of termination of employment due to (a) death (b) disability or (c) retirement (as defined in the grant agreement), the RSU's will vest on a pro-rata basis. Notwithstanding the foregoing, in the event of Retirement on or after February 15, 2024, the RSU's shall continue to vest in accordance with the vesting schedule.
- 2. Includes restricted stock units ("RSUs") acquired through deemed dividend reinvestment. RSUs acquired through deemed dividend reinvestment vest on the dates when the RSU's with respect to which they are deemed dividends vest.
- 3. This options will vest in three equal annual installments on February 15, 2024, 2025 and 2026.

Michael N. Levy, attorney-in-

fact

** Signature of Reporting Person Date

02/17/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.