SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	3235-0287
Estimated average bu	rden
hours per response:	0.5

Section obligat	this box if no lo n 16. Form 4 or ions may contii tion 1(b).	onger subject to Form 5 nue. <i>See</i>	STAT		l pur	rsuant	to Section	n 16(a	a) of the Sec	curities	Exchan	ige Act of 1		6HIP	Estim	Numbe nated av s per res	erage burder	3235-0287 n 0.5
1. Name and Address of Reporting Person* Seip David Eric (Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER				2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR] 3. Date of Earliest Transaction (Month/Day/Year) 04/29/2022								S. Relationship of Reporting Person(s) to Issuer Check all applicable) Director 10% Owner X Officer (give title other (specify below) SVP, Globa Ops and CSCO						
(Street) WESTC	HESTER II	L itate)	60154 (Zip)		4.1	If Ame	endment, I	Date	of Original F	iled (M	onth/Da	ay/Year)	6. Lir	X Form f	iled by On iled by Mo	e Repo	(Check App orting Person One Repor	n
			ble I - Nor	n-Deriva	ativ	ve Se	curitie	s Ac	quired, I	<u> </u>		,		<u>,</u>				
Date			2. Transa Date (Month/D	Execution Da		Date	ar) Code (In 8)	Transaction Code (Instr. 8)		ities Acquired (A) or d Of (D) (Instr. 3, 4 and 5) (A) or (D) Price		5) Securitie Beneficia Owned F Reported Transact) Securities Fo Beneficially (D		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Table II -						uired, Di s, option					Owned				
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Co	Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amou of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin Reported Transact	re es ally g d	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Co	de	v	(A)	(D)	Date Exercisabl		e biration	Title	Amount or Number of Shares	;	(Instr. 4)			
Phantom Stock	(1)	04/29/2022		А	•		39.2706		(1)		(1)	Common Stock	39.270	5 \$85.11	2,519.2	2285	D	
Explanatio	n of Respons	ses:																

1. Represents the aggregate number of shares of phantom stock allocated to the reporting person under the SERP as of the date hereof based on the closing price of a share of the issuer's Common Stock on April 29, 2022. Each phantom stock unit represents the right to receive one share of common stock.

Michael N. Levy, attorney-in-05/03/2022 fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.