

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>Castellano Christine M.</u> (Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER (Street) WESTCHESTER IL 60154 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>Ingredion Inc [INGR]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>Sr. VP, GC, Corp. Sec. & CCO</u>
	3. Date of Earliest Transaction (Month/Day/Year) 11/06/2018	
		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	11/06/2018		M		4,800	A	\$28.75	28,168.2324	D	
Common Stock	11/06/2018		M		1,667	A	\$47.95	29,835.2324	D	
Common Stock	11/06/2018		M		2,800	A	\$55.95	32,635.2324	D	
Common Stock	11/06/2018		M		5,700	A	\$66.07	38,335.2324	D	
Common Stock	11/06/2018		M		11,100	A	\$59.58	49,435.2324	D	
Common Stock	11/06/2018		M		11,200	A	\$82.28	60,635.2324	D	
Common Stock	11/06/2018		S		36,367	D	\$105.2789 ⁽¹⁾	24,268.2324	D	
Common Stock	11/06/2018		S		900	D	\$105.99	23,368.2324 ⁽²⁾	D	
Common Stock								1,642.4419 ⁽³⁾⁽⁴⁾	I	Phantom Stock
Common Stock								1,226.088	I	By 401(k) Plan

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Employee Stock Options (Right to Buy)	\$28.75	11/06/2018		M			4,800	(5)	01/25/2020	Common Stock	4,800	\$0	0	D	
Employee Stock Options (Right to Buy)	\$47.95	11/06/2018		M			1,667	(6)	02/07/2021	Common Stock	1,667	\$0	0	D	
Employee Stock Options (Right to Buy)	\$55.95	11/06/2018		M			2,800	(7)	02/06/2022	Common Stock	2,800	\$0	0	D	
Employee Stock Options (Right to Buy)	\$66.07	11/06/2018		M			5,700	(8)	02/04/2023	Common Stock	5,700	\$0	0	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Options (Right to Buy)	\$59.58	11/06/2018		M			11,100	(9)	02/03/2024	Common Stock	11,100	\$0	0	D	
Employee Stock Options (Right to Buy)	\$82.28	11/06/2018		M			11,200	(10)	02/02/2025	Common Stock	11,200	\$0	0	D	

Explanation of Responses:

- The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$104.82 to \$105.69, inclusive. The reporting person undertakes to provide Ingridion Incorporated, any security holder of Ingridion Incorporated or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in the immediately preceding sentence.
- Includes restricted stock units ("RSUs") acquired through deemed dividend reinvestment. RSUs acquired through deemed dividend reinvestment vest on the dates when the RSUs with respect to which they are deemed dividends vest.
- Each phantom stock unit represents the right to receive one share of common stock.
- Includes phantom stock units acquired through deemed dividend reinvestment.
- The grant of options which included these options vested in three equal annual installments on January 26, 2011, 2012 and 2013.
- The grant of options which included these options vested in three equal annual installments on February 8, 2012, 2013 and 2014.
- These options vested in three equal annual installments on February 7, 2013, 2014 and 2015.
- These options vested in three equal annual installments on February 5, 2014, 2015 and 2016.
- These options vested in three equal annual installments on February 4, 2015, 2016 and 2017.
- These options vested in three equal annual installments on February 3, 2016, 2017 and 2018.

Christine M. Castellano

11/07/2018

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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