FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	VAL							
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>Fischer David B</u>							more and [mone)								X Dire	ector	1	0% O۱	wner	
(Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER						3. Date of Earliest Transaction (Month/Day/Year) 04/01/2019									Offic belo	cer (give title ow)		ther (s	specify	
5 WESTEROUR CURPURATE CENTER																				
(Street) WESTCHESTER IL 60154					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
WESTCHESTER IL 60154														Form filed by More than One Reporting						
(City)	(St	ate) (Zip)												Per	son				
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Ac	quired	, Dis	posed o	f, or	Bene	ficia	lly Own	ed				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day						Execution		Date,	Code (Transaction Disposed Code (Instr.		ies Acquired (A) Of (D) (Instr. 3, 4			Secul Bene	ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
										v	Amount (A) or (D)			Price	Trans	action(s) . 3 and 4)			(Instr. 4)	
Common Stock 04/01/2						.019		A		318.471	3 ⁽¹⁾	A	\$(7,3	7,348.1503 ⁽²⁾					
		Та						•			sed of, onvertib				Owned	I				
Derivative Conversion		3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/E	on Date, Day/Year)				of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amour or Numbe of Title Shares		8. Price of Derivative Security (Instr. 5)		Owners Form: Direct or India (I) (Inst	bhip D) ect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. These are restricted stock units issued to the Company's outside directors as part of their annual retainer and are payable in stock no earlier than six months after resignation or retirement as a director and no later than ten years thereafter.
- 2. Includes restricted stock units acquired through deemed dividend reinvestment.

John E. Lowe, attorney-in-fact 04/02/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.